

Trix Cereal



Servings:	1.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-8364
School:	Graves County High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL TRIX R/S WGRAIN BWL	1 Package	READY_TO_EAT Ready to eat dry cereal in a portable, easy-to-serve bowl.	265782

Preparation Instructions

READY_TO_EAT
Ready to eat dry cereal in a portable, easy-to-serve bowl.
CCP: Hold at 50°F -70°F

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		112.00	
Fat		1.40g	
SaturatedFat		0.30g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		140.00mg	
Carbohydrates		24.00g	
Fiber		1.10g	
Sugar		7.00g	
Protein		1.40g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	134.40mg	Iron	3.05mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available