

Asian Rice



Servings:	1.00	Category:	Grain
Serving Size:	0.50 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8437
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
RICE BRN ASIAN 6-26.4Z UBEN	1/2 Cup	STOVE TOP: COMBINE SEASONING PACKET AND RICE WITH WATER AS INDICATED ON PACKAGE INSTRUCTIONS. BRING TO A BOIL AND LET SIT OFF HEAT FOR 25 MINUTES. Marketing Tips	244541

Preparation Instructions

STOVE TOP: COMBINE SEASONING PACKET AND RICE WITH WATER AS INDICATED ON PACKAGE INSTRUCTIONS. BRING TO A BOIL AND LET SIT OFF HEAT FOR 25 MINUTES.

Marketing Tips

CCP: Heat to 135° F or higher.
CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 0.50 Serving			
Amount Per Serving			
Calories		105.00	
Fat		1.00g	
SaturatedFat		0.25g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		225.00mg	
Carbohydrates		21.00g	
Fiber		1.00g	
Sugar		1.50g	
Protein		2.50g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	10.00mg	Iron	0.36mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
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