

# Roll



Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8444
School:	Central Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL SWT YST	1 Each	Proof dough for 40-50 minutes. Bake: Rack Oven at 375 degrees F for 12-14 minutes. Convection Oven at 325 degrees F for 10-12 minutes.	182780

## Preparation Instructions

Proof dough for 40-50 minutes. Bake: Rack Oven at 375 degrees F for 12-14 minutes. Convection Oven at 325 degrees F for 10-12 minutes.

CCP: Heat to 135 F or higher.

CCP: Hold for hot service at 135° F or higher.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
<b>Calories</b>	174.80		
<b>Fat</b>	3.00g		
<b>SaturatedFat</b>	0.70g		
<b>Trans Fat*</b>	0.03g		
<b>Cholesterol</b>	0.00mg		
<b>Sodium</b>	129.80mg		
<b>Carbohydrates</b>	32.00g		
<b>Fiber</b>	1.10g		
<b>Sugar</b>	8.00g		
<b>Protein</b>	5.40g		
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	9.94mg	<b>Iron</b>	1.67mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available