

Crinkle Fries



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8551
School:	Graves County Middle School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES 3/8IN C/C	1/2 Cup	Cook from frozen state. Fill fryer basket half full, deep fry at 350 degrees for 3 - 3 1/2 minutes.	418450

Preparation Instructions

Cook from frozen state. Fill fryer basket half full, deep fry at 350 degrees for 3 - 3 1/2 minutes.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories		173.33	
Fat		5.33g	
SaturatedFat		1.33g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		33.33mg	
Carbohydrates		29.33g	
Fiber		2.67g	
Sugar		1.33g	
Protein		2.67g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	22.67mg	Iron	0.96mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available