

Rotini W/Meat Sauce



Servings:	1.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8458
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ROTINI PASTA WGRAIN W/MEAT 6-5 COMM	8 Ounce	PLACE SEALED BAG IN A STEAMER OR IN BOILING WATER. HEAT APPROXIMATELY 30 MINUTES. CAUTION: OPEN BAG CAREFULLY TO AVOID BEING BURNED Marketing Tips	728590

Preparation Instructions

PLACE SEALED BAG IN A STEAMER OR IN BOILING WATER. HEAT APPROXIMATELY 30 MINUTES.
CAUTION: OPEN BAG CAREFULLY TO AVOID BEING BURNED

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

8 ounce spoodle

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.250
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 8.00 Ounce

Amount Per Serving			
Calories	337.63		
Fat	17.20g		
SaturatedFat	6.67g		
Trans Fat*	1.08g		
Cholesterol	58.06mg		
Sodium	651.61mg		
Carbohydrates	25.81g		
Fiber	4.30g		
Sugar	8.60g		
Protein	19.35g		
Vitamin A	659.14IU	Vitamin C	24.73mg
Calcium	59.14mg	Iron	3.23mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	148.87		
Fat	7.59g		
SaturatedFat	2.94g		
Trans Fat*	0.47g		
Cholesterol	25.60mg		
Sodium	287.31mg		
Carbohydrates	11.38g		
Fiber	1.90g		
Sugar	3.79g		
Protein	8.53g		
Vitamin A	290.63IU	Vitamin C	10.90mg
Calcium	26.08mg	Iron	1.42mg

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