

Potato Wedges



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9237
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES WEDGE SEAS	1/2 Cup	FRY 1.5 LBS AT 360 DEGREES F. FOR 3 MINUTES AND 15 SECONDS.	457558

Preparation Instructions

FRY 1.5 LBS AT 360 DEGREES F. FOR 3 MINUTES AND 15 SECONDS.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories		124.36	
Fat		5.74g	
SaturatedFat		1.43g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		258.29mg	
Carbohydrates		17.22g	
Fiber		1.91g	
Sugar		0.96g	
Protein		1.91g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	19.13mg	Iron	0.69mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available