

Spicy Chicken Sandwich



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8237
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546
CHIX BRST FLLT BRD SPCY CKD 4Z	1 Each	Conventional Oven - 375 degrees F for 14-16 minutes turn after 6 minutes. Convection Oven 375 degrees F for 13-15 min -turn after 6 minutes. Fryer: 3 1/2 to 4 minutes at 350 degrees F.	124781

Preparation Instructions

BAKE

CONVECTION

Appliances vary, adjust accordingly.

Convection Oven

Preheat oven to 375°F. From frozen, place pieces in a single layer on a lined sheet pan on a wire rack. Heat for 11-12 minutes. For best performance hold on a sheet pan, uncovered, with a wire rack, above 135°F in a dry heat environment.

DEEP_FRY

Conventional Oven - 375 degrees F for 14-16 minutes turn after 6 minutes. Convection Oven 375 degrees F for 13-15 min -turn after 6 minutes. Fryer: 3 1/2 to 4 minutes at 350 degrees F.

Bun: Thaw and serve. If desired, can be toasted or baked.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	3.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		370.00	
Fat		9.00g	
SaturatedFat		1.50g	
Trans Fat*		0.00g	
Cholesterol		50.00mg	
Sodium		610.00mg	
Carbohydrates		44.00g	
Fiber		5.00g	
Sugar		4.00g	
Protein		25.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	50.00mg	Iron	3.80mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
------------------------------	--