

Strawberry Yogurt Parfait w/Granola



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-8244
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
CEREAL GRANOLA TSTD OAT	2 Ounce	READY_TO_EAT Ready to eat dry cereal packaged for cereal dispensers	711664
STRAWBERRY DCD 1/2IN IQF	1/2 Cup	READY_TO_EAT Ready to Eat	621420

Preparation Instructions

READY_TO_EAT
Ready to use with pouch & serving tip.
Strawberries - Thaw and top yogurt
Granola
READY_TO_EAT
Ready to eat dry cereal packaged for cereal dispensers
Cup- 773551

Meal Components (SLE)

Amount Per Serving	
Meat	1.119
Grain	1.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		256.94	
Fat		5.25g	
SaturatedFat		0.87g	
Trans Fat*		0.00g	
Cholesterol		3.73mg	
Sodium		154.70mg	
Carbohydrates		48.63g	
Fiber		2.50g	
Sugar		26.42g	
Protein		6.23g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	134.33mg	Iron	1.50mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available