

Breakfast Burrito



Servings:	1.00	Category:	Entree
Serving Size:	0.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-10729
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BURRITO SAUS/BN/EGG/CHS WGRAIN 96-3.5	1 Each	Cook from thawed state. Bake at 280 degrees for 10-15 minutes.	497510

Preparation Instructions

Cook from thawed state. Bake at 280 degrees for 10-15 minutes.

CCP: Heat to 135° F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00 Serving

Amount Per Serving			
Calories		220.00	
Fat		9.00g	
SaturatedFat		4.00g	
Trans Fat*		0.00g	
Cholesterol		40.00mg	
Sodium		310.00mg	
Carbohydrates		25.00g	
Fiber		4.00g	
Sugar		2.00g	
Protein		10.00g	
Vitamin A	500.00IU	Vitamin C	15.00mg
Calcium	100.00mg	Iron	1.80mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available