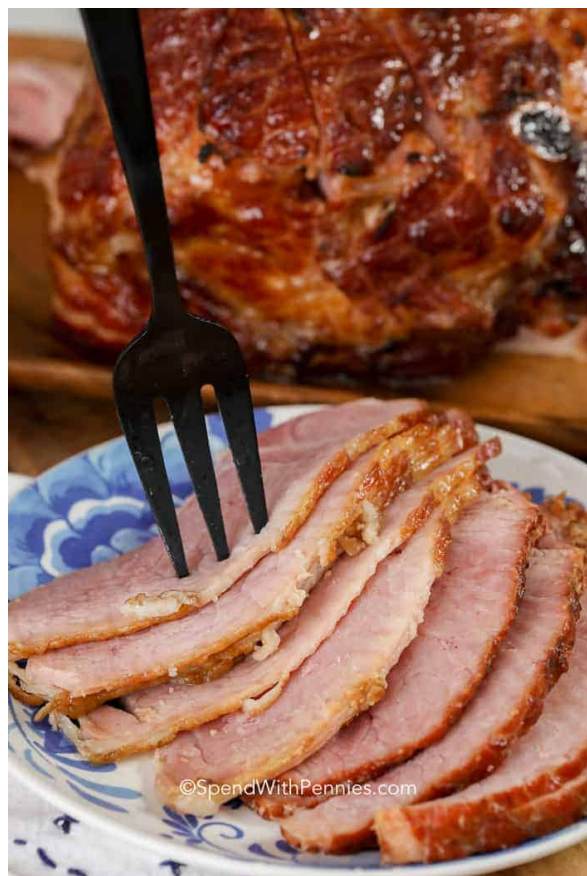


Baked Ham



Servings:	1.00	Category:	Entree
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11216
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM PIT SMKD W/A CARVNG	2 Ounce	FULLY COOKED, READY TO SLICE, HEAT & SERVE. Ham- Standard Prep: After slicing ham in 2 oz portion lay in hotel pan and heat in 350 F convection oven until it reaches 165 degrees.	117315

Preparation Instructions

FULLY COOKED, READY TO SLICE, HEAT & SERVE.

Ham-

Standard Prep: After slicing ham in 2 oz portion lay in hotel pan and heat in 350 F convection oven until it reaches 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving			
Calories	70.00		
Fat	3.00g		
SaturatedFat	1.00g		
Trans Fat*	0.00g		
Cholesterol	30.00mg		
Sodium	620.00mg		
Carbohydrates	1.00g		
Fiber	0.00g		
Sugar	1.00g		
Protein	9.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.40mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	123.46		
Fat	5.29g		
SaturatedFat	1.76g		
Trans Fat*	0.00g		
Cholesterol	52.91mg		
Sodium	1093.49mg		
Carbohydrates	1.76g		
Fiber	0.00g		
Sugar	1.76g		
Protein	15.87g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.71mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes