

Chili Nachos



Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12948
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILI BEEF W/BEAN 6-5 COMM	6 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012

Preparation Instructions

KEEP FROZEN Place sealed bag in a steamer or in boiling water.
Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned

CCP: Heat to 165° F or higher for at least 15 seconds.
CCP: Hold for hot service at 135° F or higher.

6 ounce spoodle

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.380
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 Ounce

Amount Per Serving			
Calories	156.43		
Fat	5.15g		
SaturatedFat	1.75g		
Trans Fat*	0.00g		
Cholesterol	31.90mg		
Sodium	236.71mg		
Carbohydrates	15.44g		
Fiber	4.12g		
Sugar	5.15g		
Protein	13.38g		
Vitamin A	1288.51IU	Vitamin C	19.55mg
Calcium	52.49mg	Iron	3.09mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	91.97		
Fat	3.03g		
SaturatedFat	1.03g		
Trans Fat*	0.00g		
Cholesterol	18.76mg		
Sodium	139.16mg		
Carbohydrates	9.08g		
Fiber	2.42g		
Sugar	3.03g		
Protein	7.87g		
Vitamin A	757.51IU	Vitamin C	11.50mg
Calcium	30.86mg	Iron	1.82mg

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