

Caesar Side Salad



Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-17347

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	1 Cup	READY_TO_EAT	15D44
CHEESE PARM SHVD	1/4 Ounce	Ready To Eat	140560
DRESSING CAESAR REGAL	1 Tablespoon	Ready To Eat	726079
CROUTON LRG SEAS	1 Tablespoon	READY_TO_EAT Ready to use.	794000

Preparation Instructions

Ready To Eat
Mixed the following ingredients together and place 1.25 cups in a _____ oz. bowl.
Romaine, Parmesan Cheese, Croutons and Caesar Dressing
CCP: Hold for cold service at 41° F or lower.
8 ounce spoodle

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.500
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Cup

Amount Per Serving			
Calories		115.49	
Fat		9.50g	
SaturatedFat		2.50g	
Trans Fat*		0.00g	
Cholesterol		8.75mg	
Sodium		233.76mg	
Carbohydrates		4.55g	
Fiber		1.00g	
Sugar		0.56g	
Protein		3.83g	
Vitamin A	4090.00IU	Vitamin C	1.88mg
Calcium	98.50mg	Iron	0.46mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available