

Chicken Roll



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-17330

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT BRD WGRAIN CKD 2Z 4-5#	1 Each	Deep Frozen. Heating Instructions: Conventional Oven 14-16 minutes at 375 degrees F. Turn product after 6 minutes. Convection Oven: 13-15 minutes at 375 degrees F. Turn after 6 minutes. Fryer: 3 1/2 to 4 minutes at 350 degrees F.	747611
ROLL PRKRHSE PARBK	1 Each	OR BEST RESULTS USE CONVENTIONAL OVEN, PREHEATED TO 350 DEGREES F. BRUSH TOPS OF ROLLS WITH BUTTER OR CUSTOM TOPPING OF YOUR CHOICE. (SEE BELOW FOR SUGGESTIONS.) PLACE ROLLS ON BAKING SHEET ON MIDDLE RACK OF OVEN. BAKE 5 TO 10 MINUTES. (OPTION: 3-5 MINUTES IN CONVECTION OVEN.) FOR RECIPES, REFER TO WEBSITE: MARZETTI.COM/FOODSERVICE/PRODUCTS.PHP	494385

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	2.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		280.00	
Fat		9.00g	
SaturatedFat		2.00g	
Trans Fat*		0.00g	
Cholesterol		40.00mg	
Sodium		570.00mg	
Carbohydrates		35.00g	
Fiber		1.00g	
Sugar		6.00g	
Protein		15.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	2.48mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available