

Baby Bakers



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-17407

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO BAKER BABY WHL	4 Ounce		697990

Preparation Instructions

CONVECTION OVEN: SPRAY BAKING PAN AND NONSTICK COOKING SPRAY. ARRANGE FROZEN POTATOES IN A SINGLE LAYER. BAKE AT 375°F FOR 13 MINUTES. STANDARD OVEN: SPRAY BAKING PAN WITH NONSTICK COOKING SPRAY. ARRANGE FROZEN POTATOES IN A SINGLE LAYER. BAKE AT 450°F FOR 25 MINUTES. MICROWAVE OVEN: PLACE 20Z OF FROZEN POTATOES IN MICROWAVE SAFE DISH, COVER, MICROWAVE ON HIGH, STIRRING HALFWAY THROUGH COOK TIME (1100 WATT). COOK FOR 10 MINUTES (2200 WATT). COOK FOR 4 MINUTES. DEEP FRYER: PREHEAT OIL TO 350°F. COOK FOR 5 MINUTES, SHAKING BASKET AFTER 1 MINUTE FOR EVEN COOKING. SEASON TO TASTE.

CCP: Heat to 135° F or higher.
CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.610

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Serving

Amount Per Serving			
Calories		121.58	
Fat		2.43g	
SaturatedFat		0.00g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		218.84mg	
Carbohydrates		20.67g	
Fiber		1.22g	
Sugar		0.00g	
Protein		3.65g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	12.16mg	Iron	0.97mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available