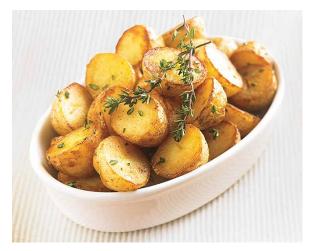
Baby Bakers



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-17407

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO BAKER BABY WHL	4 Ounce		697990

Preparation Instructions

CONVECTION OVEN: SPRAY BAKING PAN AND NONSTICK COOKING SPRAY. ARRANGE FROZEN POTATOES IN A SINGLE LAYER. BAKE AT 375*F FOR 13 MINUTES. STANDARD OVEN: SPRAY BAKING PAN WITH NONSTICK COOKING SPRAY. ARRANGE FROZEN POTATOES IN A SINGLE LAYER. BAKE AT 450*F FOR 25 MINUTES. MICROWAVE OVEN: PLACE 20Z OF FROZEN POTATOES IN MICROWAVE SAFE DISH, COVER, MICROWAVE ON HIGH, STIRRING HALFWAY THROUGH COOK TIME (1100 WATT). COOK FOR 10 MINUTES (2200 WATT). COOK FOR 4 MINUTES. DEEP FRYER: PREHEAT OIL TO 350*F. COOK FOR 5 MINUTES, SHAKING BASKET AFTER 1 MINUTE FOR EVEN COOKING. SEASON TO TASTE.

CCP: Heat to 135° F or higher.

CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE) Amount Per Serving

Legumes

OtherVeg

Starch

0.000

0.000

0.610

0-1-	44
	Amount Per
Serving Size:	0.50 Serving
Servings Per	Recipe: 1.00

Nutrition Facts

Amount Per Serving					
Calories		121.58			
Fat		2.43g			
SaturatedFat		0.00g			
Trans Fat*		0.00g			
Cholesterol		0.00mg			
Sodium		218.84mg			
Carbohydrates		20.67g			
Fiber		1.22g			
Sugar		0.00g			
Protein		3.65g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	12.16mg	Iron	0.97mg		

^{*}All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available