

Chicken Caesar Salad



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20954
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	1 Pint	READY_TO_EAT	15D44
CHIX BRST STRP FC LRG	2 1/4 Ounce	FULLY COOKED, HEAT AND SERVE	219011
CHEESE PARM SHVD	1 Ounce	Ready To Eat	140560
CRACKER GLDFSH WGRAIN COLOR	1 Package	READY_TO_EAT Ready to Enjoy	112702

Description	Measurement	Prep Instructions	DistPart#
CROUTON CHS GARL WGRAIN	2 Package	Ready To Eat	661022

Preparation Instructions

Container Number- 108301

Place romaine lettuce in a clear container. Place chicken and parmesan on top of romaine lettuce. Place two packages of croutons and one package of Gold Fish.

CCP: Hold for cold service at 41° F or lower.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	1.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Serving			
Amount Per Serving			
Calories		428.48	
Fat		17.00g	
SaturatedFat		5.88g	
Trans Fat*		0.00g	
Cholesterol		81.25mg	
Sodium		987.52mg	
Carbohydrates		36.60g	
Fiber		3.00g	
Sugar		3.12g	
Protein		32.66g	
Vitamin A	8180.00IU	Vitamin C	3.76mg
Calcium	315.00mg	Iron	3.64mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available