## **Texas Toast**



| Servings:     | 1.00                         | Category:             | Grain            |
|---------------|------------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Serving                 | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                        | Recipe ID:            | R-23647          |
| School:       | Central Elementary<br>School |                       |                  |

## **Ingredients**

| Description                 | Measurement | Prep Instructions                        | DistPart # |
|-----------------------------|-------------|--|------------|
| BREAD TX TST SLCD WHT 3/4IN | 1 Slice     | Spray will butter spray and toast bread. | 793350     |

## **Preparation Instructions**

Spray will butter spray and toast bread.

CCP: Heat to 135 F or higher.

# Meal Components (SLE) Amount Per Serving

| Attribution of Gerving |       |  |  |  |
|------------------------|-------|--|--|--|
| Meat                   | 0.000 |  |  |  |
| Grain                  | 1.500 |  |  |  |
| Fruit                  | 0.000 |  |  |  |
| GreenVeg               | 0.000 |  |  |  |
| RedVeg                 | 0.000 |  |  |  |
| OtherVeg               | 0.000 |  |  |  |
| Legumes                | 0.000 |  |  |  |
| Starch                 | 0.000 |  |  |  |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

|                    |         | 0         |        |  |  |
|--------------------|---------|-----------|--------|--|--|
| Amount Per Serving |         |           |        |  |  |
| Calories           |         | 110.00    |        |  |  |
| Fat                |         | 1.50g     |        |  |  |
| SaturatedFat       |         | 0.00g     |        |  |  |
| Trans Fat*         |         | 0.00g     |        |  |  |
| Cholesterol        |         | 0.00mg    |        |  |  |
| Sodium             |         | 190.00mg  |        |  |  |
| Carbohydrates      |         | 21.00g    |        |  |  |
| Fiber              |         | 1.00g     |        |  |  |
| Sugar              |         | 2.00g     |        |  |  |
| Protein            |         | 3.00g     |        |  |  |
| Vitamin A          | 0.00IU  | Vitamin C | 0.00mg |  |  |
| Calcium            | 62.00mg | Iron      | 1.00mg |  |  |
|                    |         |           |        |  |  |

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Nutrition - Per 100g**

No 100g Conversion Available