

Grape Tomatoes w/Ranch Cup



Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-26349
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Tomatoes FR GRAPE US #1 50-1/2 CUP PG/CS- Graves County Schools	1/2 Cup	READY_TO_EAT	18D80
RANCH LT DIP CUP	1 Each	Ready To Eat	499521

Preparation Instructions

READY_TO_EAT

CCP: Hold for cold service at 41° F or lower.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	106.00		
Fat	6.00g		
SaturatedFat	1.00g		
Trans Fat*	0.00g		
Cholesterol	5.00mg		
Sodium	125.00mg		
Carbohydrates	12.14g		
Fiber	1.20g		
Sugar	7.76g		
Protein	1.19g		
Vitamin A	893.00IU	Vitamin C	32.10mg
Calcium	20.00mg	Iron	0.43mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available