

Baby Carrots w/Ranch Cup



Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-26346
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Carrots CHL BABY WHL 100/2.6 OZ PG- Graves County Schools	1/2 Cup	READY_TO_EAT	18D69
RANCH LT DIP CUP	1 Each		499521

Preparation Instructions

Ready To Eat
DOD Second Option Number- 15O14- 1/2 Cup
CCP: Hold for cold service at 41° F or lower.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		87.40	
Fat		6.00g	
SaturatedFat		1.00g	
Trans Fat*		0.00g	
Cholesterol		5.00mg	
Sodium		157.30mg	
Carbohydrates		9.00g	
Fiber		1.02g	
Sugar		5.50g	
Protein		0.50g	
Vitamin A	3000.00IU	Vitamin C	3.02mg
Calcium	30.20mg	Iron	0.18mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available