

Cornbread



Servings:	1.00	Category:	Grain
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28004
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CORNBREAD SNAC FORT WGRAIN IW	1 Each		159791

Preparation Instructions

Thaw under refrigeration.
Optional: place in warmer before serving.
CCP: Heat to 135 F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		180.00	
Fat		6.00g	
SaturatedFat		0.50g	
Trans Fat*		0.00g	
Cholesterol		15.00mg	
Sodium		90.00mg	
Carbohydrates		28.00g	
Fiber		1.00g	
Sugar		15.00g	
Protein		3.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	22.00mg	Iron	1.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available