

Garlic Toast



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|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Grain |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-35909 |
| School: | Central Elementary School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------|-------------|--|------------|
| BREAD GARL TX TST SLC WGRAIN | 1 Each | READY_TO_EAT CONVECTION BAKE: Preheat oven to 425F. Lay slices flat on baking pans. Place baking pans on shelves in oven (if possible, place pans on every other rack for even air flow) Bake 4-5 minutes. CONVENTIONAL OVEN: Preheat oven to 425F. Lay slices flat on baking pan. Place baking pan on middle shelf of oven. Bake 4-6 minutes. Since appliances vary, these cooking instructions may need adjusting. For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F. | 197582 |

Preparation Instructions

CONVECTION BAKE: Preheat oven to 425F. Lay slices flat on baking pans. Place baking pans on shelves in oven (if possible, place pans on every other rack for even air flow) Bake 4-5 minutes or until heated through
CONVENTIONAL OVEN: Preheat oven to 425F. Lay slices flat on baking pan. Place baking pan on middle shelf of

oven. Bake 4-6 minutes or until heated through.

Meal Components (SLE)

| Amount Per Serving | |
|--------------------|-------|
| Meat | 0.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

| Servings Per Recipe: 1.00 | | | |
|---------------------------|---------|-----------|--------|
| Serving Size: 1.00 Each | | | |
| Amount Per Serving | | | |
| Calories | | 100.00 | |
| Fat | | 3.50g | |
| SaturatedFat | | 0.50g | |
| Trans Fat* | | 0.00g | |
| Cholesterol | | 0.00mg | |
| Sodium | | 125.00mg | |
| Carbohydrates | | 14.00g | |
| Fiber | | 1.00g | |
| Sugar | | 1.00g | |
| Protein | | 3.00g | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 10.00mg | Iron | 1.10mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

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|------------------------------|--|
| No 100g Conversion Available | |
|------------------------------|--|