

# Club Sandwich



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-35624

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD 6IN	1 Each	Thawing Instructions KEEP FROZEN - ALLOW 1 TO 2 HOURS AT ROOM TEMPERATURE BEFORE USING Basic Preparation READY TO USE AFTER THAWING.	219670
TURKEY BRST SLCD OVN RSTD	2 1/2 Ounce	Ready to eat.	344120
BACON CKD THN SLCD	1 Slice	Basic Preparation HEAT ON GRILL FOR 30 SECONDS PER SIDE MICROWAVE ON HIGH FOR 10 SECONDS PER STRIP BAKE IN OVEN FOR 1-2 MINUTES UNTIL DESIRED CRISPINESS	874124
CHEESE SLCD YEL	1 Slice	Ready to eat.	334450
HAM SMKD RND CLSC W/A	1 1/2 Ounce	Ready to eat.	179906

## Preparation Instructions

Bacon- Basic Preparation

HEAT ON GRILL FOR 30 SECONDS PER SIDE MICROWAVE ON HIGH FOR 10 SECONDS PER STRIP BAKE IN OVEN FOR 1-2 MINUTES UNTIL DESIRED CRISPINESS

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	4.192
<b>Grain</b>	1.750
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
<b>Calories</b>		328.33	
<b>Fat</b>		10.50g	
<b>SaturatedFat</b>		3.95g	
<b>Trans Fat*</b>		0.01g	
<b>Cholesterol</b>		70.83mg	
<b>Sodium</b>		1783.53mg	
<b>Carbohydrates</b>		30.20g	
<b>Fiber</b>		1.00g	
<b>Sugar</b>		2.70g	
<b>Protein</b>		29.63g	
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	31.00mg	<b>Iron</b>	2.85mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available