

Crispy Chicken Salad



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-39379

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Cucumbers FR US#1, 24 CT 10 LB CS- Graves County Schools	1/8 Cup	READY_TO_EAT	15P30
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	1 Pint	READY_TO_EAT	15D44
Tomatoes FR Grape 12/1 PT CO 8 LB CS- Graves County Schools	1/2 Cup	READY_TO_EAT	15P71
Carrot CHL SHRD WHL 4/5 LB BG- Graves County Schools	1/8 Cup	READY_TO_EAT	16L26
BACON CKD THN SLCD	2 Slice		874124
EGG HARD CKD PLD	1 Each	READY_TO_EAT Product is fully cooked and ready to eat. Do not heat.	219160
CHIX BRST TNDR BRD WGRAIN 4.5Z 8-4#	2 Piece	Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
CHEESE CHED SHRD	1 Ounce	Ready to eat.	199720
CROUTON CHS GARL WGRAIN	2 Package	READY_TO_EAT Ready to use.	661022

Description	Measurement	Prep Instructions	DistPart #
CRACKER CHEEZ-IT WGRAIN IW	1 Package		282422

Preparation Instructions

Salad Container- 108301

Place romaine, spinach and spring mix in the bottom of the salad container.

Place items on top of lettuce.

Bacon- HEAT ON GRILL FOR 30 SECONDS PER SIDE MICROWAVE ON HIGH FOR 10 SECONDS PER STRIP
BAKE IN OVEN FOR 1-2 MINUTES UNTIL DESIRED CRISPINESS

CCP: Hold for cold service at 41° F or lower.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	2.000
RedVeg	0.516
OtherVeg	0.125
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		663.91	
Fat		30.83g	
SaturatedFat		11.49g	
Trans Fat*		0.02g	
Cholesterol		245.00mg	
Sodium		1268.77mg	
Carbohydrates		52.82g	
Fiber		6.08g	
Sugar		4.82g	
Protein		38.61g	
Vitamin A	9803.75IU	Vitamin C	19.76mg
Calcium	225.46mg	Iron	7.09mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
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