

Peppered Gravy



Servings:	1.00	Category:	Condiments or Other
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-8888
School:	Wingo Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
GRAVY MIX PEPR DRY	1 3/13 Tablespoon	SLOWLY ADD 24 OZ. DRY MIX TO 1 GALLON HOT WATER (180-200 F) WHILE MIXING WITH A WIRE WHIP. MIX WELL UNTIL SMOOTH. COVER AND LET STAND 10 MINUTES. REMOVE COVER, MIX WELL AND SERVE.	701450

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CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

2 ounce spoodle

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving			
Calories	41.62		
Fat	1.85g		
SaturatedFat	0.92g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	231.20mg		
Carbohydrates	5.55g		
Fiber	0.00g		
Sugar	0.92g		
Protein	0.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	7.40mg	Iron	0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	73.40		
Fat	3.26g		
SaturatedFat	1.63g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	407.77mg		
Carbohydrates	9.79g		
Fiber	0.00g		
Sugar	1.63g		
Protein	0.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	13.05mg	Iron	0.00mg

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