

Yogurt Bar



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-41524
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT STRAWB L/F PARFPR	4 Ounce	READY_TO_EAT Ready to eat	811490

Preparation Instructions

Set up yogurt bar to include the following toppings.

Students will choose strawberry or vanilla.

Vanilla Yogurt- 811500 (Week #2/4)

Banana- 686503

Diced Strawberries- 621420- 2 oz.

Blueberries-119873- 2 oz.

Raisins- 105686- 2 oz.

Mini Chocolate Chips- 5831035- 1 Tablespoon

Clear 9 oz.- 792220

Lid- 792201

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		111.94	
Fat		0.75g	
SaturatedFat		0.37g	
Trans Fat*		0.00g	
Cholesterol		3.73mg	
Sodium		59.70mg	
Carbohydrates		23.13g	
Fiber		0.00g	
Sugar		16.42g	
Protein		3.73g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	134.33mg	Iron	0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available