

Walking Beef Taco



| | | | |
|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-9238 |
| School: | Central Elementary School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|-------------|---|------------|
| TACO FILLING BEEF REDC FAT 6-5 COMM | 4 Ounce | Thaw product for 3 days. Place sealed bags in a steamer or in boiling water. Heat approximately 30 minutes or until it reaches 165 degrees. | 722330 |
| CHIP NACHO CHS R/F TOP N GO | 1 Each | Ready To Eat | 815803 |

Preparation Instructions

Thaw product for 3 days. Place sealed bags in a steamer or in boiling water. Heat approximately 30 minutes or until it reaches 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

4 ounce spoodle

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.524 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | | 332.71 | |
| Fat | | 13.06g | |
| SaturatedFat | | 3.27g | |
| Trans Fat* | | 0.00g | |
| Cholesterol | | 42.90mg | |
| Sodium | | 653.12mg | |
| Carbohydrates | | 34.31g | |
| Fiber | | 4.52g | |
| Sugar | | 3.52g | |
| Protein | | 19.15g | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 113.09mg | Iron | 2.90mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available