

Penne Alfredo



Servings:	1.00	Category:	Entree
Serving Size:	6.00 ounces	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9234
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE PENNE W/ALFREDO SCE	6 Ounce	Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	491074

Preparation Instructions

Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

6 ounce spoodle

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 ounces

Amount Per Serving			
Calories		304.50	
Fat		12.50g	
SaturatedFat		7.30g	
Trans Fat*		0.06g	
Cholesterol		37.00mg	
Sodium		706.00mg	
Carbohydrates		31.00g	
Fiber		0.10g	
Sugar		8.00g	
Protein		16.70g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	400.00mg	Iron	1.26mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available