

Grilled Cheese Sandwich and Tomato soup

NO IMAGE

Servings:	100.00	Category:	Entree
Serving Size:	1.00 .5 sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-41719
School:	Tami Elementary School K-4		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
380 - Aunt Millie's WG Honey White Bread	200 Each		380
CHEESE, AMERICAN, YELLOW, PASTEURIZED, SLICED	6 Pound 4 Ounce (100 Ounce)	READY_TO_EAT	100018
SOUP TOMATO	4 Gallon 1 Pint 1 Cup (67 Cup)	UNPREPARED Slowly Mix Soup + 1 Can Water. Stove: Heat, Stirring Occasionally.	101427
PAN COAT SPRAY BUTTERY 6-14Z VEGLN	100 Gram		827021

Preparation Instructions

Assemble sandwich with 2 pieces of wheat bread and 1 slice of American cheese

Lightly Spray each piece of bread with buttery pan coat spray

Bake in oven (or cook on flat top) at 350 for approx. 10 minutes or until bread is toasted and cheese is melted.

Cut sandwich in half and Serve with tomato soup

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.509
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 .5 sandwich

Amount Per Serving			
Calories	419.80		
Fat	11.80g		
SaturatedFat	5.00g		
Trans Fat*	0.00g		
Cholesterol	25.00mg		
Sodium	1237.20mg		
Carbohydrates	62.80g		
Fiber	5.34g		
Sugar	23.08g		
Protein	13.68g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.80mg	Iron	12.80mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available