

# RO - Sloppy Joe Meat



Servings:	420.00	Category:	Entree
Serving Size:	1.00 portion	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-44664
School:	Key High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF GRND	78 1/2 Pound		110520
SPICE ONION MINCED	1/2 Quart		513997
SPICE GARLIC POWDER	1/2 Cup		224839
SAUCE TOMATO	2 #10 CAN	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	306347
WATER DISTILLED	3 Gallon		711143
SPICE MUSTARD GRND	1/2 Cup		224928
SPICE PEPR BLK REG FINE GRIND	1/8 Cup		225037
SUGAR BROWN LT	1 1/4 Pound		860311
RELISH DILL PICKLE FCY	1/2 Gallon		156248
SPICE CHILI POWDER MILD	2/3 Cup		331473

# Preparation Instructions

- 1. Brown ground beef and drain.
- 2. Add onions and garlic. Cook for 5 minutes.
- 3. Mix all other ingredients in steam kettle. Cook for 30 minutes.
- 4. Ladle 1 gallon of sauce over meat mixture. Stir well.
- 5. Reheat to 165 degrees, stirring frequently.
- 6. 2 gal = 1 pan

## Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

## Nutrition Facts

Servings Per Recipe: 420.00			
Serving Size: 1.00 portion			
Amount Per Serving			
Calories		188.64	
Fat		13.39g	
SaturatedFat		4.46g	
Trans Fat*		2.23g	
Cholesterol		58.02mg	
Sodium		187.24mg	
Carbohydrates		2.09g	
Fiber		0.25g	
Sugar		0.68g	
Protein		15.87g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.76mg	Iron	0.10mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available