

Chicken Patty Sandwich



| | | | |
|---------------|----------------------------|----------------|------------------|
| Servings: | 100.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-3936 |
| School: | Tami Elementary School K-4 | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|---|------------|
| BUN HAMB SLCD WHEAT WHL 4IN 10-12 GCHC | 100 Each | THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved. | 517810 |
| CHIX PTY BRD WGRAIN 3.26Z | 100 Each | BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen. | 558061 |
| TOMATO 6X6 LRG | 100 Slice | 1 Slice of Tomato | 199001 |
| LETTUCE ICEBERG FS | 200 Piece | 2 Lettuce leaf's | 307769 |

Preparation Instructions

- Directions:
- WASH HANDS.
- WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER. RINSE WELL. DRAIN.
1. Cook chicken patty as directed on package.
 2. Layer patty, lettuce, and tomato on bottom of roll. Top with remaining half of roll.
 3. Serve.

4. Allow student to select condiment of choice.

Child Nutrition: 1 Each provides= 2.5 oz eq grain, 2 oz meat, and 1/8 cup additional vegetable

Updated October 2013

Notes:

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 3.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.200 |
| OtherVeg | 0.333 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | | 389.81 | |
| Fat | | 14.58g | |
| SaturatedFat | | 2.52g | |
| Trans Fat* | | 0.00g | |
| Cholesterol | | 25.00mg | |
| Sodium | | 643.47mg | |
| Carbohydrates | | 42.07g | |
| Fiber | | 6.77g | |
| Sugar | | 6.33g | |
| Protein | | 20.32g | |
| Vitamin A | 299.88IU | Vitamin C | 4.93mg |
| Calcium | 71.93mg | Iron | 3.10mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available