

Peanut Butter and Jelly Sandwich W/Yogurt



Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-12504
School:	Certification High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREAD WHL WHE PULLMAN SLCD	200 Each		710650
JELLY APPLE-GRAPE	3 Quart 3 Fluid Ounce 1 7/8 Tablespoon (200 Tablespoon)		100927
PEANUT BUTTER CRMY	3 Quart 3 Fluid Ounce 1 7/8 Tablespoon (200 Tablespoon)		279013
YOGURT DANIMAL STRAWB N/F	100 Each	READY_TO_EAT READY_TO_EAT	885750

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		490.00	
Fat		17.00g	
SaturatedFat		3.00g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		400.00mg	
Carbohydrates		72.00g	
Fiber		6.00g	
Sugar		38.00g	
Protein		17.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	200.00mg	Iron	2.50mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available