

# ARL Buttered Green Beans



Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-22012
School:	Certification High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Green Beans cnd	1 Cup	BAKE	100307
Milk, fluid, 1% fat, without added vitamin A and vitamin D	1 Cup	bake with beans	1175

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	1.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Cup

Amount Per Serving			
<b>Calories</b>		152.48	
<b>Fat</b>		2.37g	
<b>SaturatedFat</b>		1.54g	
<b>Trans Fat*</b>		0.00g**	
<b>Cholesterol</b>		12.20mg	
<b>Sodium</b>		387.36mg	
<b>Carbohydrates</b>		20.18g	
<b>Fiber</b>		4.00g	
<b>Sugar</b>		16.69g	
<b>Protein</b>		10.22g	
<b>Vitamin A</b>	114.68IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	305.00mg	<b>Iron</b>	0.07mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available