

ARL NUP Snack



Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-36451
School:	Certification High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Milk, nonfat, fluid, with added vitamin A and vitamin D (fat free or skim)	6 Gallon 1 Quart (100 Cup)		1085
Crackers; Cheez-It Crackers Pepper Jack, 36/3 oz	6 Pound 4 Ounce (100 Ounce)		119235
Angela test missing cheese	6 Pound 4 Ounce (100 Ounce)	PREPARED	901996
Cheese, Cheddar, White, Shredded	6 Pound 4 Ounce (100 Ounce)		51554
Bread, whole-wheat, commercially prepared	100 Slice		18075

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	426.94
Fat	15.32g
SaturatedFat	7.37g
Trans Fat*	0.01g**
Cholesterol	34.90mg**
Sodium	428.50mg**
Carbohydrates	30.82g
Fiber	1.92g
Sugar	13.86g
Protein	24.24g
Vitamin A	500.76IU**
Vitamin C	0.00mg**
Calcium	400.42mg
Iron	1.86mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available