

Spaghetti with Meat Sauce

Servings:	300.00	Category:	Entree
Serving Size:	0.67 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22312
School:	Wakarusa Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	10 Package	N/A	573201
BEEF CRUMBLES	25 Pound	5 Packages	581950
SALT SEA	1 Tablespoon 1 1 Teaspoon (5 Teaspoon)		748590
SPICE GARLIC POWDER	1 Fluid Ounce 1 1/2 Teaspoon (7 1/2 Teaspoon)		224839
SPICE PEPR BLK REG FINE GRIND	1 Tablespoon 1 1 Teaspoon (5 Teaspoon)		225037
SEASONING SPAGHETTI ITAL	1 Cup 2 Fluid Ounce (20 Tablespoon)		413453
PASTA SPAGHETTI CKD	20 Pound	***Non-Whole Grain***	835910

Preparation Instructions

1. In 4B pan mix together-2 packages spaghetti sauce, 1 package of beef crumbles, 1 tsp salt, 1 1/2 tsp garlic powder, 1 tsp. black pepper, and 4 TBSP. Italian seasoning and heat in steamer for 10-15 minutes. (Will have 5 pans in total).
2. Add 4 lbs of spaghetti noodles on top of meat sauce. Put back in steamer uncovered for 10 minutes.
3. Must temp at 160°F.
4. Serve with 2/3 Cup #6 scoop.

Note: 60 servings per pan

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.125
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 300.00

Serving Size: 0.67 Cup

Amount Per Serving			
Calories		207.42	
Fat		8.52g	
SaturatedFat		3.18g	
Trans Fat*		0.00g	
Cholesterol		42.19mg	
Sodium		478.40mg	
Carbohydrates		15.42g	
Fiber		1.54g	
Sugar		3.92g	
Protein		16.01g	
Vitamin A	308.10IU	Vitamin C	9.05mg
Calcium	34.04mg	Iron	2.49mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available