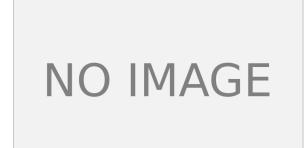
Chicken Tenders with Dinner Roll



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44756
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST TNDR BRD WGRAIN 4.5Z 8-4#	3 Piece	Basic Preparation Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
ROLL WHE WGRAIN BKD 72-22 MAKTCH	1 Each	THAW AND BAKE AT 350 DEGREES FOR 3-4 MINUTES OR DESIRED COLOR. BAKE IN CONVECTION OVEN FOR 1-2 MINUTES. ROLLS MAKE BE BAKED FROM FROZEN STATE FOR 8 MINUTES.	536890

Preparation Instructions

• Hold hot foods at 135 °F or above

Meal Components (SLE)

Amount Per Serving			
Meat	2.000		
Grain	3.000		
Fruit	0.000		
GreenVeg	0.000		
RedVeg	0.000		
OtherVeg	0.000		
Legumes	0.000		
Starch	0.000		

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

5		5				
Amount Per Serving						
Calories Fat SaturatedFat Trans Fat* Cholesterol Sodium Carbohydrates Fiber Sugar Protein		360.00				
		9.50g				
		2.50g				
		0.00g				
		70.00mg				
		540.00mg				
		46.00g				
		9.00g				
		10.00g				
		27.00g				
Vitamin A	0.00IU	Vitamin C	0.00mg			
Calcium	40.00mg	Iron	3.24mg			

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available