Spaghetti with Meat Sauce- No Bernard Seasoning mix

NO IMAGE

Servings:	300.00	**Category:**	Entree
Serving Size:	6.00 Fluid Ounce	**HACCP Process:**	Complex Food Prep
Meal Type:	Lunch	**Recipe ID:**	R-52554
School:	Prairie Crossing		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef, Fine Ground 85/15, Frozen	**25 Pound**		**100158**
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	**12 Package**	**BOIL** **KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.**	**573201**
PASTA SPAG 51 WGRAIN	**20 Pound**		**221460**
SAUCE MARINARA A/P	**8 #10 CAN**	**HEAT_AND_SERVE** **Heat & Serve** **MIX** **Heat & Serve** **READY_TO_DRINK** **Heat & Serve** **READY_TO_EAT** **Heat & Serve** **UNPREPARED** **Heat & Serve** **UNSPECIFIED** **Heat & Serve**	**592714**
SPICE PEPR BLK REG FINE GRIND	**1/4 Cup**		**225037**
SEASONING ITAL HRB	**1/2 Cup**		**428574**

Description	Measurement	Prep Instructions	DistPart #
SPICE GARLIC POWDER	**1 Tablespoon**		**224839**

Preparation Instructions

1. Brown off the ground beef until cooked completely with no big chunks.

2. Drain off water and fat. Add spices. Mix.

3. Add the bagged meat sauce and marinara sauce.

4. Mix thoroughly. Heat to 165 degrees.

5. In separate pot cook the spaghetti in water with a little oil and salt. Drain.

6. Add pasta to the mixed hot spaghetti sauce.

7. Pan up in #2 pans and hold in hot pass thru until ready to serve.

8. Serve with 6 fl. ounce spoodle.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 300.00
Serving Size: 6.00 Fluid Ounce

Amount Per Serving	
Calories	312.14
Fat	11.52g
SaturatedFat	3.59g
Trans Fat*	1.00g
Cholesterol	57.30mg
Sodium	454.11mg
Carbohydrates	32.42g
Fiber	4.63g
Sugar	8.98g
Protein	20.62g

Vitamin A	369.71IU	**Vitamin C**	10.86mg
Calcium	44.67mg	**Iron**	2.89mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available