# **Breaded Chicken Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Piece	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46704
School:	Prairie Crossing		

## Ingredients

Description	Measurement	<b>Prep Instructions</b>	DistPart #
CHIX PTY BRD WGRAIN FC 3.54Z	1 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	281622
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546

## **Preparation Instructions**

Place 24 patties on a tray, heat to 165 degrees about 10-13 minutes in 375 degree oven.

Pan up in 1/2 veggie pan for serving on the line. Hold in pass thru- serve hot. Serve on WG bun.

#### Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Piece

Amount Per Serving					
Calories		390.00			
Fat		16.00g			
SaturatedFat		3.00g			
Trans Fat*		0.00g			
Cholesterol		25.00mg			
Sodium		680.00mg			
Carbohydrates		41.00g			
Fiber		6.00g			
Sugar		5.00g			
Protein		19.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	60.00mg	Iron	3.90mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

No 100g Conversion Available