

Unicorn Yogurt Parfait



Servings:	96.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-51343
School:	Garden Prairie		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT BLUEB L/F	256 Ounce		558311
BLUEBERRY IQF	128 Ounce		166720
APPLE GRANNY SMITH	64 Ounce	diced	582271
YOGURT VAN L/F	256 Ounce		881161
ORANGES MAND IN JCE	256 Ounce	canned, drained	612448
STRAWBERRY SMALL DCD FZ	64 Ounce		630480
YOGURT STRAWB L/F	256 Ounce		640171
Cones; Eat-It-All 204B Honey-Roll Sugar Cone	96 Each	You can also use item 523649, at GFS	119521
CEREAL LUCKY CHARMS	192 Ounce	3/4 serving each= .75 oz grain	427829

Preparation Instructions

Instructions:

Assembly

Place #16 scoop of blueberry yogurt in the bottom of 16 oz parfait cups; layer on 1/8 cup each of blueberries and green apples.

Add #16 scoop of vanilla yogurt then layer on 1/8 cup each of mandarin oranges and strawberries.

Add #16 scoop of strawberry yogurt and top with 1 sugar cone.

Serve cold immediately with the Lucky Charms cup on the side for students to add as desired.

Option=Make it a meal by adding a garden salad and serving of milk if desired.

For crediting in USDA Child Nutrition Programs, 1 serving (1 parfait with cereal cup) = 2 Meat/Meat Alternative, 2 oz equivalent Grain and 1/2 cup Fruit

Meal Components (SLE)

Amount Per Serving

Meat	6.622
Grain	0.094
Fruit	0.687
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 96.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	771.80
Fat	7.42g
SaturatedFat	3.66g
Trans Fat*	0.00g
Cholesterol	34.98mg
Sodium	449.64mg
Carbohydrates	151.92g
Fiber	1.70g
Sugar	122.15g
Protein	25.46g
Vitamin A 8.03IU	Vitamin C 11.60mg
Calcium 2079.57mg	Iron 2.59mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available