

Mandarin Orange Chicken



| | | | |
|----------------------|----------------|-----------------------|------------------|
| Servings: | 88.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-49587 |
| School: | Garden Prairie | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------------------|-------------|-------------------|------------|
| ENTREE CHIX MAND ORNG W/SCE 6-5# YANG | 348 Ounce | | 550512 |
| PAN COAT SPRAY BUTTERY | 1 Teaspoon | | 555752 |

Preparation Instructions

Preheat Combi or Oven to 400°. Line a sheet pan and spray with pan spray.

CHICKEN: Place frozen chicken in a single layer on lined, sprayed sheet pan. This will yield 5# per sheet pan. Bake for 8-12 minutes or until chicken is crisp and golden and reaches an internal temperature of 165° for 15 seconds.

SAUCE: Steam sauce in bags in combi for 15-20 minutes until sauce is hot. Toss 1 tray (5#) of chicken chunks with 1 bag of sauce (36 oz). Transfer to steam table pan that has been coated with pan spray.

CCP: Hold to an internal temperature of 165°.

Use a 1/2 cup (4 oz) spoodle to portion. Serving size is 4 oz by weight. A 3.6 oz serving of chicken with sauce contributes 2 M/MA (2.5 oz chicken pieces and 1.1 oz sauce). Each tray (5# bag) of chicken and 2.25 oz of sauce yields 29 / 4 oz servings.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.197 |
| Grain | 0.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 88.00

Serving Size: 1.00 Serving

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | 164.77 | | |
| Fat | 3.30g | | |
| SaturatedFat | 0.55g | | |
| Trans Fat* | 0.00g | | |
| Cholesterol | 43.94mg | | |
| Sodium | 307.58mg | | |
| Carbohydrates | 20.87g | | |
| Fiber | 0.00g | | |
| Sugar | 10.98g | | |
| Protein | 12.08g | | |
| Vitamin A | 0.00IU | Vitamin C | 1.32mg |
| Calcium | 0.00mg | Iron | 0.79mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available