

Spaghetti w/ Meat Sauce



Servings:	100.00	Category:	Entree
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-41717
School:	Tami Elementary School K-4		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
85/15 Ground Beef, Frozen	320 Ounce		100158
SALT IODIZED	2 Teaspoon	READY_TO_EAT used to salt food	108286
SPICE PEPR BLK REST GRIND	1 Tablespoon		225061
Tap Water for Recipes	32 Cup	UNPREPARED	000001WTR
Tomato Sauce cnd	81 PICNIC CAN		100334
SEASONING SPAGHETTI ITAL	2 Cup 4 Tablespoon (2 1/4 Cup)		413453
PASTA SPAG 51 WGRAIN	120 Ounce		221460
SAUCE SPAGHETTI FCY	45 PICNIC CAN	HEAT_AND_SERVE Heat & Serve MIX Heat & Serve READY_TO_DRINK Heat & Serve READY_TO_EAT Heat & Serve UNPREPARED Heat & Serve UNSPECIFIED Heat & Serve	852759

Preparation Instructions

Brown Ground Beef and drain.

Combine all other ingredients and add to cooked ground beef. Heat to 165F for 15 seconds

Steam spaghetti or boil until almost done.

Combine the pasta and the meat sauce. Serve immediately or hold in warmer at 135F or warmer until ready to portion or serve

Serve using a 8 ounce disher.

Meal Components (SLE)

Amount Per Serving	
Meat	2.388
Grain	1.200
Fruit	0.000
GreenVeg	0.000
RedVeg	2.029
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00			
Serving Size: 1.00 Cup			
Amount Per Serving			
Calories		430.91	
Fat		14.93g	
Saturated Fat		4.78g	
Trans Fat		2.39g	
Cholesterol		62.09mg	
Sodium		1235.07mg	
Carbohydrates		52.10g	
Fiber		11.06g	
Sugar		18.57g	
Added Sugar		0.00g	
Protein		26.96g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	33.84mg	Iron	1.58mg

Nutrition - Per 100g

No 100g Conversion Available	
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