

Spaghetti with Meat Sauce



Servings:	300.00	Category:	Entree
Serving Size:	6.00 Fluid Ounce	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-47040
School:	Benton Central Jr - Sr High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef, Fine Ground 85/15, Frozen	320 Ounce		100158
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	12 Package	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	573201
PASTA SPAG 51 WGRAIN	320 Ounce		221460
SAUCE TOMATO	81 PICNIC CAN	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	306347
SPICE PEPR BLK REG FINE GRIND	4 Tablespoon		225037
SEASONING ITAL HRB	8 Tablespoon		428574

Description	Measurement	Prep Instructions	DistPart #
SPICE GARLIC POWDER	1 Tablespoon		224839

Preparation Instructions

1. Brown off the ground beef until cooked completely with no big chunks.
2. Drain off water and fat. Add spices. Mix.
3. Add the bagged meat sauce and tomato sauce.
4. Mix thoroughly. Heat to 165 degrees.
5. In separate pot cook the spaghetti in water with a little oil and salt. Drain.
6. Add pasta to the mixed hot spaghetti sauce.
7. Pan up in #2 pans and hold in hot pass thru until ready to serve.
8. Serve with 6 fl. ounce spoodle.

Meal Components (SLE)

Amount Per Serving

Meat	1.750
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 300.00

Serving Size: 6.00 Fluid Ounce

Amount Per Serving			
Calories		289.63	
Fat		9.31g	
Saturated Fat		3.19g	
Trans Fat		0.80g	
Cholesterol		52.13mg	
Sodium		571.89mg	
Carbohydrates		32.53g	
Fiber		4.66g	
Sugar		8.36g	
Added Sugar		0.00g	
Protein		19.26g	
Vitamin A	369.71mcg	Vitamin C	10.86mg
Calcium	30.48mg	Iron	2.76mg

Nutrition - Per 100g

No 100g Conversion Available