

HOT DOG

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-40264
School:	Nippersink Middle School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS 3 MEAT CLASSIC 8/	1 Each		304913
Hot Dog Bun, Whole Grain 24 oz/12 ct	1 Each	READY_TO_EAT No baking necessary.	4040

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		310.00	
Fat		18.00g	
SaturatedFat		5.00g	
Trans Fat*		0.00g	
Cholesterol		45.00mg	
Sodium		582.60mg	
Carbohydrates		29.00g	
Fiber		3.00g	
Sugar		5.00g	
Protein		12.00g	
Vitamin A	0.07mcg	Vitamin C	0.00mg
Calcium	46.11mg	Iron	10.76mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available
