

# Macaroni & Cheese

|               |          |                |                  |
|---------------|----------|----------------|------------------|
| Servings:     | 1.00     | Category:      | Grain            |
| Serving Size: | 0.50 Cup | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch    | Recipe ID:     | R-48856          |

## Ingredients

| Description                         | Measurement | Prep Instructions | DistPart # |
|-------------------------------------|-------------|-------------------|------------|
| SAUCE CHS ULTIM YEL POU6 6-106Z LOL | 2 Ounce     |                   | 310668     |
| PASTA ELBOW MACAR 51 WGRAIN         | 2 Ounce     |                   | 229941     |

## Preparation Instructions

Add cheese to cooked pasta.

### Meal Components (SLE)

| Amount Per Serving |       |
|--------------------|-------|
| Meat               | 0.670 |
| Grain              | 1.000 |
| Fruit              | 0.000 |
| GreenVeg           | 0.000 |
| RedVeg             | 0.000 |
| OtherVeg           | 0.000 |
| Legumes            | 0.000 |
| Starch             | 0.000 |

### Nutrition Facts

| Servings Per Recipe: 1.00 |         |           |        |
|---------------------------|---------|-----------|--------|
| Serving Size: 0.50 Cup    |         |           |        |
| Amount Per Serving        |         |           |        |
| Calories                  |         | 193.23    |        |
| Fat                       |         | 1.23g     |        |
| SaturatedFat              |         | 0.15g     |        |
| Trans Fat*                |         | 0.00g     |        |
| Cholesterol               |         | 0.65mg    |        |
| Sodium                    |         | 9.35mg    |        |
| Carbohydrates             |         | 41.10g    |        |
| Fiber                     |         | 4.00g     |        |
| Sugar                     |         | 3.00g     |        |
| Protein                   |         | 7.16g     |        |
| Vitamin A                 | 0.00mcg | Vitamin C | 0.00mg |
| Calcium                   | 15.23mg | Iron      | 2.00mg |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

|                              |
|------------------------------|
| No 100g Conversion Available |
|------------------------------|