

Egg Sandwich with Bacon

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52864

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN ENGLISH WGRAIN	1 Each		681830
Scrambled Egg Patty	1 PATTY	BAKE Bake in oven to 165 degrees	111751
BACON CKD SLCD 18-22	2 pieces	BAKE BACON 1 is fully cooked and simply needs to be warmed for service. OVEN: 375 for 4-5 mins. FLAT TOP GRILL: Warm for just over one minute per side on a 350 degree flat top grill.	803391
CHEESE SLCD BLND 6-5 COMM	1 Slice		150600

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.500
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving			
Calories		273.33	
Fat		12.67g	
SaturatedFat		4.17g	
Trans Fat*		0.00g	
Cholesterol		145.83mg	
Sodium		506.67mg	
Carbohydrates		26.00g	
Fiber		3.00g	
Sugar		1.50g	
Protein		15.33g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	70.00mg	Iron	1.10mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available