

29001 Salisbury Steak



Servings:	100.00	Category:	Entree
Serving Size:	1.00 PATTY	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52957

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef, ground, 85% lean meat / 15% fat, raw (Includes foods for USDA's Food Distribution Program)	17 Pound		23567
Cereals, oats, regular and quick, not fortified, dry	24 Ounce		8120
Egg, whole, raw, fresh	10 1/2 Ounce		1123
Beverages, water, tap, municipal	2 Cup		14429
Soup, beef broth or bouillon, powder, prepared with water	2 serving 1 cup		6475
Milk, dry, nonfat, regular, without added vitamin A and vitamin D	4 1/2 Ounce		1091
Onions, dehydrated flakes	3 1/2 Ounce		11284
Spices, parsley, dried	1/2 Cup		2029
Spices, pepper, black	1 tbsp, ground		2030

Preparation Instructions

Combine all ingredients and bake at 350 F.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 PATTY

Amount Per Serving			
Calories		35.42	
Fat		0.77g	
Saturated Fat		0.19g	
Trans Fat		0.00g**	
Cholesterol		11.48mg	
Sodium		29.96mg	
Carbohydrates		5.33g	
Fiber		0.69g	
Sugar		0.76g	
Added Sugar		0.00g**	
Protein		1.79g	
Vitamin A	16.44mcg	Vitamin C	0.11mg
Calcium	21.59mg	Iron	0.35mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available