

BBQ Chicken Salad USDA



Servings:	150.00	Category:	Entree
Serving Size:	0.75 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52835
School:	Key High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Barbecue Chicken or Turkey Salad USDA Recipe for Schools	112 1/2 Cup		51641
Bread, white wheat	150 Slice		18967

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	3.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.375
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 150.00

Serving Size: 0.75 Cup

Amount Per Serving			
Calories		257.54	
Fat		6.77g	
Saturated Fat		1.93g	
Trans Fat		0.01g	
Cholesterol		58.56mg	
Sodium		526.49mg	
Carbohydrates		24.74g	
Fiber		3.84g	
Sugar		8.88g	
Added Sugar		0.00g**	
Protein		23.22g	
Vitamin A	580.46mcg	Vitamin C	7.45mg
Calcium	246.03mg	Iron	2.90mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available