

Homemade Turkey Lunchable

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Kit	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-52995
School:	Merkley Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SMKD COIN 1.75IN SLCD	1 2/3 Ounce	5 Slices	394123
Land O Lakes® 50% Reduced Fat American Cheese Slices	2 Slice	Cut into squares	499789
FLATBREAD WGRAIN 6IN 2.2Z	1/2 Each	Cut into half	644182
CRACKER GLDFSH CHED WGRAIN	1 Package		736280

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Kit

Amount Per Serving			
Calories		1220.18	
Fat		62.75g	
Saturated Fat		36.20g	
Trans Fat		0.03g	
Cholesterol		235.07mg	
Sodium		6457.38mg	
Carbohydrates		84.00g	
Fiber		1.35g	
Sugar		29.00g	
Added Sugar		0.00g	
Protein		85.48g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	2272.61mg	Iron	3.07mg

Nutrition - Per 100g

No 100g Conversion Available
