# Cheeseburger on Bun

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-10329
School:	Highland High School		

## **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PTY CKD 2.45Z	1 Each	N/A	661851
Land O Lakes® 50% Reduced Fat American Cheese Slices	1 Slice		499789
Hamburger Bun 4in - Wheat	1 Each		51070

### **Preparation Instructions**

Wash hands and put on gloves.

Place hamburgers from frozen state in 4 inch large black plan with baking sheet. 50 hamburgers per pan.

Add about 1/2 inch water and cover with paper and foil.

Place in steamer for about 25 minutes or until the patties reach an internal temp of 165 degrees. Check patties and cook for additional time if needed.

Drain and dispose of liquid.

Add cheese slice and allow to melt. Place cooked patty inside fresh or thawed buns, wrap in foil wrappers. Single in steam table pan and hot hold until service.

Updated 1.14.25

# **Meal Components (SLE)**Amount Per Serving

z une ditt i et e e e e e e e e e e e e e e e e		
Meat	2.500	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Beans, Peas, and Lentils	0.000	
Starch	0.000	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

corving cizor mod corving				
Amount Per Serving				
Calories	799.39			
Fat	42.57g			
Saturated Fat	22.77g			
Trans Fat	0.80g			
Cholesterol	154.00mg			
Sodium	3400.94mg			
Carbohydrates	54.66g			
Fiber	3.27g			
Sugar	17.32g			
Added Sugar	0.00g			
Protein	52.52g			
Vitamin A 0.00mcg	Vitamin C 0.00mg			
Calcium 1140.98mg	Iron 3.04mg			

## **Nutrition - Per 100g**

No 100g Conversion Available