

Breaded Spicy Chicken Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9515
School:	Merkley Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY HOTSPCY WGRAIN 3.49Z	1 Each	N/A	327080
Hamburger Bun 4in - Wheat	1 Each		51070

Preparation Instructions

Wash wands and put on gloves. Cook from frozen. Line chicken patties on tray/rack that is lined with parchment paper. Bake at 350°F for 8-10 minutes or until internal temp reads 165°F. Put one chicken patty on WG bun and serve.

Offer condiments.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Serving			
Amount Per Serving			
Calories		374.40	
Fat		15.57g	
Saturated Fat		2.97g	
Trans Fat		0.00g	
Cholesterol		20.00mg	
Sodium		625.00mg	
Carbohydrates		40.66g	
Fiber		4.27g	
Sugar		4.32g	
Added Sugar		0.00g	
Protein		18.52g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	30.00mg	Iron	3.34mg

Nutrition - Per 100g

No 100g Conversion Available
