# Hamburger on Bun

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-51916
School:	Highland High School		

## **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PTY CKD 2.45Z	1 Each	N/A	661851
Hamburger Bun 4in - Wheat	1 Each		51070

#### **Preparation Instructions**

Wash hands and put on gloves.

Place hamburgers from frozen state in 4 inch large black plan with baking sheet. 50 hamburgers per pan.

Add about 1/2 inch water and cover with paper and foil.

Place in steamer for about 25 minutes or until the patties reach an internal temp of 165 degrees. Check patties and cook for additional time if needed.

Drain and dispose of liquid.

Place cooked patty inside fresh or thawed buns, wrap in foil wrappers. Single in steam table pan and hot hold until service.

Updated 1.14.25

# **Meal Components (SLE)**Amount Per Serving

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Meat	2.000	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Beans, Peas, and Lentils	0.000	
Starch	0.000	

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

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Amount Per Serving						
Calories		309.40				
Fat		14.57g				
Saturated Fat		5.27g				
Trans Fat		0.80g				
Cholesterol		49.00mg				
Sodium		461.00mg				
Carbohydrates		26.66g				
Fiber		3.27g				
Sugar		3.32g				
Added Sugar		0.00g				
Protein		17.52g				
Vitamin A	0.00mcg	Vitamin C	0.00mg			
Calcium	21.00mg	Iron	2.34mg			

## **Nutrition - Per 100g**

No 100g Conversion Available