

Seasoned Green Beans

Servings:	48.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52231
School:	Highland High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT MXD SV	2 #10 CAN		273856
BUTTER ALT LIQ NT	1/2 Cup		614640
SEASONING NO SALT ORIG	2 Tablespoon		844071

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.500
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 48.00			
Serving Size: 0.50 Cup			
Amount Per Serving			
Calories		41.56	
Fat		2.33g	
Saturated Fat		0.42g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		250.44mg	
Carbohydrates		3.23g	
Fiber		2.16g	
Sugar		1.08g	
Added Sugar		0.00g	
Protein		1.08g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	24.96mg	Iron	0.41mg

Nutrition - Per 100g

No 100g Conversion Available	
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